

Basti Panchakarma Camp

Date (10July to 1 Aug 2022)

- In Ayurveda Certain Procedures are described under Panchakarma to expel increased or vitiated doshas in body.
- In Varsha rutu (specially period between July and Aug.) there is dominancy of Vata Dosh.
- To control this vitiated vata, basti therapy is adviced in panchakarma

Expert Doctors

- Dr.Anil Wagh
- Dr.Anushri Endait
- Dr.Satish Urhe

Basti- Benifits

- It cures Vataj Vikaras.
- It is best rejuvenation therapy.
- Boosts immune system.
- Patient feels lighter and healthy.

Useful in

- Ajirna ,Constipation,
- Sandhigat vata, Amavata, Vatrakta, Paralysis. Backache& Diseases of Spine.
- Weight gain. Weight loss, Menstrual problems.
- Other diseases of Vata.

Virechana Panchakarma Camp

Date: 1 Nov . 2022 to 1 Dec. 2022

- In Ayurveda Certain Procedures are described under Panchakarma to expel increased or vitiated doshas in body.
- In Sharad Rutu (specially period between October and Novembers) there is dominancy of Pitta Dosha.
- To Expel out this Vitiated Pitta, Virechana Therapy is advised in Panchakarma.
- In Virechana karma Vitiated Pita is expelled out through guda I.e., Purgation

Expert Doctors

- DrAnil Wagh
- DrAnushni Endait
- Dr. Satish Urhe
- Dr. Chaitali Taewate

Uses of Virechana

- Acidity
- Skin Diseases
- Fungal infection
- Psoriasis
- insomnia
- Irritability
- headache
- Allergic rhinitis
- Urticaria
- Itching

Vaman Panchakarma Camp

Date (22 March to 18May 2023)

- In Ayurveda Certain Procedures are described under Panchakarma to expel increased or vitiated doshas in body.
- In Vasant rutu (specially period between February and March.) there is dominance of kapha Dosh.
- Possibility of vitiation of increased kapha is high. To remove this kapha Vaman Therapy is Advised in Panchakarma.
- In Vamankarma Doshas Are Expelled out through Mouth. (In the form of Vomiting.)

Expert Doctors

- Dr.Pramod Mandalkar
- Dr.Rasmi kurawar
- Dr.Chaitali Tarwate
- Dr.Ashu sharma

Vaman- Benifits

- Cures kaphaj Vikar.
- Improves skin luster.
- Boosts immune system.
- Patient feels lighter and healthy.

Useful in

- Indigestion ,Allergic or chronic Rhinitis,Asthma ,Other respiratory Diseases
- Acidity ,Urticaria ,PCOD,Infertility Psoriasis ,Skin diseases ,Eczema,Diabetes,Chronic stomatitis ,eye disease, Other kaphaj vikar



SMBT Sevabhavi Trust's

SMBT AYURVED COLLEGE AND HOSPITAL

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1336/SMBT/05/PK/8/ASCP&HP-05 2022

Name of the Event – Basti Camp -2022

Outcome of Camp

- Basti camp was organized by dept. of Panchakarma from 10/07/2022 to 01/08/2022 under the guidance of Principal Dr. Pradeep Bhabad sir.
- Total 1111 patients were treated in this camp.
- Diseases like Pakshaghata, Katigraha, Sandhigatvata, Vaatavyadhi etc were treated.
- All were satisfied after the Basti process, they were feeling fresh and healthy and were thankful, for a successful treatment.
- All peoples came to know about Basti Treatment in Panchakarma through this camp.

HOD

HOD & PROFESSOR
Dept. of Panchkarma
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist. Nashik

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1336/SMBT/05/PK/8/ASCP&HT-08 2022

Name of the Event – Virechana Camp -2022

Outcome of Camp

- Virechan camp was organized by dept. of Panchakarma from **01/11/2022** to **01/12/2022** under the guidance of Principal Dr. Pradeep Bhabad sir.
- Total **25** patients were treated in this camp.
- Diseases like Vicharchika, Mukhadushika, Kushtha, Amavata, Amlapitta, Shirashoola etc. were treated.
- All were satisfied after the Virechana process, they were feeling fresh and healthy and were thankful, for a successful treatment.
- Many peoples came to know about Virechana Treatment in Panchakarma through this camp.



HOD
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Department of Panchakarma
SMBT Ayurved College & Hospital
Dhamangaon, Tal. Igatpuri, Dist Nashik.

1336/SMBT/05/PK/8/ASCP & HT - 09 2023

- Name of the Event – Vaman Camp -2023

Outcome of Camp

- Vaman camp was organized by dept. of Panchakarma from 22/03/2023 to 18/05/2023 under the guidance of Principal Dr. Pradeep Bhabad sir.
- Total 11 patients were treated in this camp.
- Diseases like Shwas, Kushtha, Prameha, Amlapitta, Ajirna etc were treated.
- All were satisfied after the Vaman process, they were feeling fresh and healthy and were thankful, for a successful treatment.

Many peoples came to know about Vaman Treatment in Panchakarma through this camp.


HOD

HEAD OF PROFESSOR
Dept. of Panchakarma
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